



# Calmness in the Crate

1. Real life skill where we want loose focus from our dog and the maintenance of being settled in the crate while we take our focus away from them to interact with other people, etc.
2. Get used to feeding your dog for being calm within the crate, preferably in a sit or a down, without looking at them by placing, dropping, or tossing treats into the crate. Think about how your food delivery method affects your dog's arousal level.
3. Our dogs have come to learn that most behaviors should be maintained when we are paying close attention to them, but when we turn our attention away they may feel the desire to try things.
4. Add handler movement, like getting up and sitting down, tying your shoe, fiddling with the treats, dropping food, looking at your phone, etc.
5. if at anytime you dog crosses the plane of the door with any body part, close the door to reset the game.

## **Reward Nothing**

Delivering food reward when dog is not actively attentive to you, capturing calmness.

## **Ninja Feeding**

Trying to place food rewards into the crate without your dog being aware of you.